

# Chris Hemsworth Spends a Beach Day with Family



By Maggie Manfredi

WARNING: cuteness overload ahead. According to [UsMagazine.com](http://UsMagazine.com), Chris Hemsworth is the picture perfect papa during a day at the beach with his wife and three children. The dad looked ultra casual on Sunday Oct. 26 in black and white board shorts, brown baseball cap and a baby bjorn. We cannot get enough of this celebrity family and all things Hemsworth. The actor shared his thoughts on parenthood, "I think [parenthood] brings out the child in all of us. That's what's so beautiful. It reminds you of the fascination you had with things, and how you can spend hours just being with someone."

What are some ways beach activities can help you bond as a couple?

**Cupid's Advice:**

Are you in the mood for some fun in the sun? Nothing beats a couple's retreat to the beach! Here are some activities you and your loved one can do by the ocean:

**1. Play:** Build sandcastles, skip rocks, find sea shells...Bring out your inner child and do whatever makes you smile together!

**Related:** ['Bachelorette' Couple Ashley and J.P. Rosenbaum Talk About Life with Newborn Son Fordham](#)

**2. Relax:** Grab your towels and beach chairs and just chill. Listening to the ocean, getting some sun and being together sounds like the perfect way to reconnect and enjoy the day.

**Related:** [Jude Law Is Expecting Fifth Child](#)

**3. Move:** You know what has to be said here, "take a long walk on the beach." But you can also start your day together and take a beach run or horseback ride on the sand.

**What are your favorite beach-side activities? Share with us below!**