

# Sofia Vergara's Ex Nick Loeb Sneaks Up On Her at Red Carpet Event



By Amanda Boyer

At the Angel Ball in New York City on Monday, things got a little awkward for *Modern Family* star, Sofia Vergara! According to [USMagazine.com](http://USMagazine.com), her ex-fiancé, Nick Loeb, was caught sneaking up on her on the red carpet. This left Vergara with a stunned look on her face while, according to an eyewitness, he whispered, "Good to see you."

**How do you remain civil with your ex while keeping your distance?**

## **Cupid's Advice:**

After your relationship ends, the last you want is to see your prior partner. To remain civil with them when needed, read ahead for some tips:

**1. Be independent:** You are single now, so flaunt it. Do not be afraid to be in the same room with them! As long as you remember that you don't owe them anything and are your own person, it becomes easier to be civil when you come in contact.

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**2. Have conversation:** To avoid the awkwardness, talk to them about how they are doing and what they are doing. Keep it to small talk and stay away from heavy topics, especially ones you know you disagree on.

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**3. Do something different:** If you were together a long time, you probably have mutual friends. It may be time to branch out and meet some new people so that you're not forced to be in constant contact with your ex. This goes a long way to keeping things civil.

**Have another way to stay civil and keep your distance? Share here!**