Nick Cannon Covers Mariah Carey Tattoo





By Maggie Manfredi

Mariah no more! According to <u>UsMagazine.com</u>, Nick Cannon has covered his "Mariah" tattoo with a crucifixion that takes up approximately half of the singer's back. Mariah Carey and Nick Canon have been separated for a few months now. Although they seem to be moving on, the "H" of Mariah's name can still be seen on his left shoulder.

What are some ways to move on after a sudden breakup?

Cupid's Advice:

Have you just been through an unexpected breakup? Are you

trying to cope as best you can? Cupid has some advice to help you move on and move forward:

1. Comfort: Make sure you are around people who make you happy and are in a safe place. Breakups can take you on a dark road, stay with people who bring light and joy even when you are upset.

Related: <u>Ryan Phillippe Says He's 'Proud' of How He and Reese</u> <u>Co-Parent</u>

2.Time: Take time away from your ex-partner and think before getting any left over feelings out. Closure is important but so is patience and mending your heart.

Related: <u>AshLee Frazier Opens Up About Being "Most Hated" on</u> <u>'Bachelor in Paradise'</u>

3. Peace: You are aloud to spend some time alone! Cupid doesn't want you to wallow and whine for too long, but work to find your own tranquility.

Do you think Nick and Mariah are done for good? Share your thoughts below!