


# Nick Cannon Covers Mariah Carey Tattoo



 By Maggie Manfredi

Mariah no more! According to [UsMagazine.com](http://UsMagazine.com), Nick Cannon has covered his “Mariah” tattoo with a crucifixion that takes up approximately half of the singer’s back. Mariah Carey and Nick Cannon have been separated for a few months now. Although they seem to be moving on, the “H” of Mariah’s name can still be seen on his left shoulder.

**What are some ways to move on after a sudden breakup?**

## **Cupid’s Advice:**

Have you just been through an unexpected breakup? Are you trying to cope as best you can? Cupid has some advice to help you move on and move forward:

**1. Comfort:** Make sure you are around people who make you happy and are in a safe place. Breakups can take you on a dark road, stay with people who bring light and joy even when you are upset.

**Related:** [Ryan Phillippe Says He’s ‘Proud’ of How He and Reese Co-Parent](#)

**2. Time:** Take time away from your ex-partner and think before getting any left over feelings out. Closure is important but so is patience and mending your heart.

**Related:** [AshLee Frazier Opens Up About Being “Most Hated” on ‘Bachelor in Paradise’](#)

**3. Peace:** You are allowed to spend some time alone! Cupid

doesn't want you to wallow and whine for too long, but work to find your own tranquility.

**Do you think Nick and Mariah are done for good? Share your thoughts below!**