

Liberty Ross Says 'Trust Your Gut' When It Comes to Cheating



By

Maggie Manfredi

The truth will set you free! According to UsMagazine.com, Liberty Ross spoke candidly about her previous relationship with movie director Rupert Sanders, who had a rather public affair with *Snow White and the Huntsman* star Kristen Stewart during their marriage. The British actress reflected on their relationship stating, "The most valuable thing I can share is the importance of living in truth. Sometimes, facing those truths can actually be your worst fear." Ross stayed with Sanders six months after the cheating pictures leaked, but has now made peace with those involved and the past circumstances.

What are some red flags pointing to a cheating partner?

Cupid's Advice:

It is easy to blind yourself to the clues of a partner who is being unfaithful, but it is important to be aware of your partner's actions especially if you have instinctual feelings that something might be wrong. Cupid has some thoughts on actions and elements that might signal to a cheating spouse:

1. Changed routine: Do you notice your partner getting home at odd times compared to the past? The reasons for leaving home are irregular and sporadic? These could be indicating that your significant other is not being honest with you.

Related: [Liberty Ross Files for Divorce from Rupert Sanders](#)

2. Comfort level: If you are noticing the behavior from your partner is different from the past, they are uncomfortable even jumpy around you, this may be a sign. Don't be afraid to talk to them and make sure everything is okay while keeping your guard up.

Related: [Liberty Ross Emerges Without Wedding Ring Post-Scandal](#)

3. Gut feeling: Like Liberty Ross, you need to listen to your heart and trust yourself. Do not be afraid to follow your inklings and confront your partner. The worst thing in the world is for you to be living with suspicion and fear; you should feel free within your relationship, and respected.

Are there some other cheating red flags to look out for? Share your thoughts below.