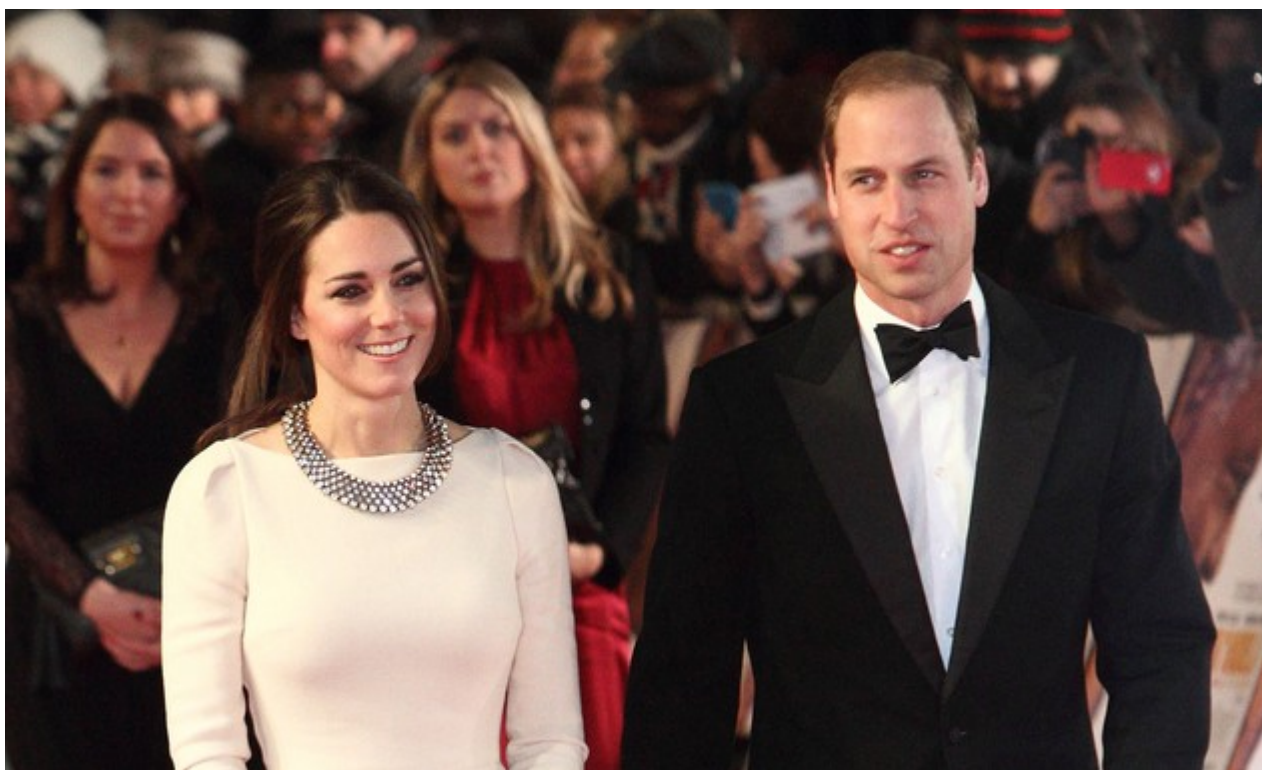


# Princess Kate Weighs Malta Trip Amidst Pregnancy Sickness



By

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As Princess Kate struggles with pregnancy sickness caused by Hyperemesis Gravidarum, in a few days her doctors will have to decide if she can get take a trip to Malta for two days on behalf of the Queen. Through her condition and tough pregnancy, Kate has been unable to be in a car, let alone be able to rest after getting up and doing things. According to [People](#), she is eager to go to Malta, and they are waiting as long as possible to make a final decision before the scheduled flight on Saturday.

## How do you support your partner through a tough pregnancy?

### Cupid's Advice:

Pregnancy isn't always enjoyable, and the mom-to-be doesn't always glow. Cupid has some ways to support your partner through the trials of a pregnancy:

**1. Be understanding:** You don't know what they are going through, so just be there to listen and support your partner through the process no matter how difficult.

**Related:** [Is George Clooney's Fiance Amal Alamuddin Pregnant?](#)

**2. Help out:** Sometimes it is going to be hard for your partner to get through their daily tasks, so lending a hand will go a long way! Take out the trash, cook some meals, and do some cleaning.

**Related:** [Carrie Underwood Is Expecting](#)

**3. Make her feel beautiful:** If she is feeling drained or out of it let her know she is still the same person you fell for.

**What did your loved one do to help you during your pregnancy? Comment below.**