

# Screwing the Rules Video Dating Tips: Your Must-Have Mantra



By [E!'s Famosly Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famosly Single* Dating Coach Laurel House

Related Link: [Find the Love of Your Life](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famosly Single* dating coach, [Laurel House](#) discusses your must-have relationship mantra. “‘Here I am.’ That’s it!” she shares. “Not ‘Here I am – am I good enough?’ or ‘Here I am –

do you like me?' It's confident. It's comfortable." If you don't recognize your own value and worth, then you can never expect a man to do so. Remember that you can only be who you are – and someday, you'll find a partner who loves you for you.

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**What is your must-have mantra? Tell us in the comments below!**