

Jennifer Lopez Says She Needs to Be Single Right Now



By Amanda Boyer

Jennifer Lopez appeared and chatted on 'The Meredith Viera Show' on Monday, September 8th. She officially revealed the news that she is newly single, and that is the way she likes it! According to UsMagazine.com when she was asked about her relationship status, she said, "I'm just being on my own. I feel like I need that right now." To leave the audience and Viera with some advice at the end of the show, she let everyone know that "all the relationships in your life and everything starts working when you take care of yourself."

What are some advantages to taking time to be single?

Cupid's Advice:

Freshly single and don't know what to do? Cupid has some tips so you can take full advantage of this time:

1. Work on yourself: This is time to concentrate on your goals and life, not someone else's. Go get a fresh new haircut and a mani-pedi. Do something different for a change to turn over a new leaf!

Related: [What Now? Transitioning from Married to Single](#)

2. Flirt: Have fun! Go out and find a cute guy to talk to. Being able to just casually hang out and talk to new guys is a fun part of being single and not tied down.

Related: [Did Robin Thicke and Paula Patton's Body Language Indicate A Split Was Coming?](#)

3. Reconnect with friends: Have a friend you lost touch with in the past year? Reach out to them and make lunch plans at your favorite restaurant!

What do you do when you are single? Share your insights below!