

Christina Aguilera Explains Why She Filed for Divorce and Talks About Her New Man



Burlesque star

Christina Aguilera recently spoke out about the real reasons she filed for divorce from Jordan Bartman, according to [People](#). The main reason turns out to be her 2-year-old son, Max. “When you’re unhappy in your marriage, your children are the ones who suffer. That’s the last thing I wanted for my son,” said Aguilera. The Grammy winner is now back on the dating scene with a new man, Matthew Rutler, a set assistant she met while filming *Burlesque*. She describes him as a kind person who she could spend hours talking to without realizing any time has gone by.

How do you know if your relationship unhealthy?

Cupid’s Pulse:

If you think your relationship is unhealthy, it's probably true. Though all couples fight sometimes, if your relationship has become toxic, it's time to move on:

1. Unhappiness: If you're unhappy with your partner, chances are the feeling is mutual. Don't try to tough it out.

2. Fighting words: An unhealthy couple doesn't always mean fighting all the time. Snide passive aggressive comments can be even more hurtful than a full-out fight.

3. Abuse: At the first signs of physical or emotional abuse, get out of the relationship immediately.