

# Christina Aguilera Explains Why She Filed for Divorce and Talks About Her New Man



*Burlesque* star

Christina Aguilera recently spoke out about the real reasons she filed for divorce from Jordan Bartman, according to [People](#). The main reason turns out to be her 2-year-old son, Max. “When you’re unhappy in your marriage, your children are the ones who suffer. That’s the last thing I wanted for my son,” said Aguilera. The Grammy winner is now back on the dating scene with a new man, Matthew Rutler, a set assistant she met while filming *Burlesque*. She describes him as a kind person who she could spend hours talking to without realizing any time has gone by.

**How do you know if your relationship unhealthy?**

**Cupid’s Pulse:**

If you think your relationship is unhealthy, it's probably true. Though all couples fight sometimes, if your relationship has become toxic, it's time to move on:

**1. Unhappiness:** If you're unhappy with your partner, chances are the feeling is mutual. Don't try to tough it out.

**2. Fighting words:** An unhealthy couple doesn't always mean fighting all the time. Snide passive aggressive comments can be even more hurtful than a full-out fight.

**3. Abuse:** At the first signs of physical or emotional abuse, get out of the relationship immediately.