

Jason Aldean Defends Relationship with Former Mistress



By [Jessica DeRubbo](#)

Jason Aldean is speaking up for his new girlfriend and former mistress Brittany Kerr, according to [UsMagazine.com](#). The country singer recently posted on Instagram, and the caption says, “So sick of people judging me and @brittanylkerr over things they know nothing about. I have made mistakes but i am a better person because of it, and wouldnt change a thing. Im happier than i have ever been, so thank u to all the people who support us. We are happy and life goes on. Its time to move on people.” The duo has been together since Aldean filed for divorce from his wife of nearly 12 years, Jessica Ussery, in 2013. They went public with their relationship in April 2014 while walking the red carpet together at the 2014 CMT Music Awards.

What are some reasons to defend your relationship to family and friends?

Cupid’s Advice:

Defending your relationship is never something you want to have to do, but some situations simply call for it. Cupid has some scenarios in which it might be not only okay, but necessary, to step up to the plate to defend the one you love:

1. Inaccurate accusations designed to hurt: Some rumors aren’t worth addressing, but when an accusation or assumption is hurting your significant other, it’s time to take action.

Related: [Jason Aldean Is Dating Mistress Brittany Kerr Post-Divorce](#)

2. When you need to set the truth free: Sometimes family and friends get the wrong idea and believe your relationship is something it's not. It's time to set the record straight, especially if you can see your relationship being long-term.

Related: [Jason Aldean Walks First Red Carpet with Brittany Kerr](#)

3. Control is now out of the question: If you can no longer keep tabs on a situation and it seems to be spiraling out of control, it's time to defend your relationship. If you let things go too far, there may be lasting emotional damage.

What are some other instances in which you should step in to defend your relationship? Share your thoughts below.