

# Celebrity Interview: Katherine Heigl Says “Family Comes First”



By Shannon Seibert

Katherine Heigl has become the ultimate celebrity mom since adopting her two beautiful daughters, Naleigh, 5, and Adalaide, 2. This September, the actress graces the cover of *Good Housekeeping* and opens up about living in Utah with her husband Josh Kelley and their kids. Heigl recently opened up to Celebrity Baby Scoop in a celebrity interview about her experiences with each of her daughters and the pleasures of being a mother.

# Katherine Heigl on Being a Celebrity Mom

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**What was it like starring on *Grey's Anatomy* after adopting Naleigh in 2009?**

**KH:** "I would come home angry and frustrated that I'd missed everything with my kid that day. I didn't get to wake her up from her nap or do bath time or bedtime. I'd have to sneak into her room and kiss her when she was sleeping, hoping not to wake her up. I felt like my priorities were messed up. I was putting so much time and energy into just my work, but I was raised [to believe] that family comes first."

**How is living in Utah?**

**KH:** "We had big dreams of expanding our family, moving to the mountains, and having a quieter life. Utah is spectacularly beautiful; the people are wonderful and kind; it's an easy commute from L.A. – and there's no traffic!"

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**How was your experience with adopting Adalaide from Louisiana in 2012?**

**KH:** "We brought her home, and right away, Naleigh was like a little mommy. She'd say, 'No, no. You're not holding her right.' Or 'She needs to eat again.' I'd be like, 'Would you back off? Just give me a minute!' Naleigh would go off to her ballet classes and other stuff, and I would sit with the baby at home. I would read, and she would lie on my chest, and we'd lie on the couch with, like, four dogs and watch *Friday Night Lights*."

*For the rest of the celebrity interview, visit [www.celebritybabyscoop.com/2014/08/06/katherine-believe-](http://www.celebritybabyscoop.com/2014/08/06/katherine-believe-)*

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