

Hilary Duff Writes Song About Estranged Husband Mike Comrie



By Sanetra Richards

Music was Hilary Duff's therapy after announcing her separation from estranged husband Mike Comrie. The 26-year-old talked about writing songs about the former NHL player and their son Luca during a Billboard.com Pop Shop podcast on Thursday, July 31, according to UsMagazine.com, "I'm separated from my husband right now, which has been a very difficult thing to go through, but we have a lot of love for each other and we have this beautiful baby," the actress-singer said. "There's a song about Luca and a song about my separation and my love for this person, that maybe we're not meant to be together, or maybe we are," she added. "It's very, very

personal.” The couple announced their split back in January. Despite the separation, the two have remained amicable, with Comrie, 33, even stopping by with their 2-year-old son at her “*Chasing the Sun*” music video in July. Duff told listeners that her album was “a lot heavier and darker” after the split. “I think I just needed to get that out,” she said. “And once I did get that out a lot of fun came.” After nearly a five-year hiatus, Duff seems to be ready to take on her professional life once again. While away, she focused on two home renovations, learning to cook, getting to know her husband, and welcoming their baby boy. “The thing for me was that I really toured for five years straight...and I don’t think anyone gave me the credit as an artist,” she said. “I was having the best time,” she concluded, “but after about five years, I was like, I have no life, I have, like, two friends, I’m never home, I’m never with my family,” she explained of why she decided to take a break. “I kind of needed to shut it all down—it was time for me to be a person and learn who I wanted to be.”

How can you incorporate music in your relationship?

Cupid’s Advice:

Want to tell your partner exactly how you feel, but cannot quite say it aloud? Look no further for an answer, Cupid has a few ways to make it all possible just by using music:

1. Lyrics change everything: Ever listened to a song and felt like it was speaking to you on a personal level? The words described everything you have felt or were feeling. Consider lyrics the meat and potatoes of a song. If you have something particular you would like to say to your partner, write a ballad. Your significant other will know it came directly from the heart.

Related: [Hilary Duff: “I Love Being A Mom”](#)

2. Depicts your love: Many couples have a record in which they consider “our song.” It is usually the perfect description of their relationship or a reminder of a special time. Either way, it brings back tons of memories.

Related: [Hilary Duff and Mike Comrie Announce Their Separation](#)

3. Says what you are afraid to: A few words can absolutely go a long way. Maybe you are bad at putting your feelings into words on your own and need a little assistance. A good song can help you do just that. It will let your partner know exactly how you are feeling with the help of verses and a beat.

What has music done for your relationship? Tell us below.