

New Celebrity Couple Joe Manganiello and Sofia Vergara Spotted Cozying Up in Louisiana



By Laura Seaman

True Blood actor Joe Manganiello and *Modern Family* star Sofia Vergara are the hottest new [celebrity couple](#). The two met at the White House Correspondents Dinner while Vergara's engagement to Nick Loeb was still on. "It's very, very new," an insider tells [UsMagazine.com](#). "They're having fun and getting to know each other." The famous couple made celebrity news after being spotted at a diner in Louisiana in May kissing and taking pictures with fans.

How do you know when you're ready to move on to a new relationship and love?

Cupid's Advice:

Break-ups can end in many different ways. Some splits are mutual and leave both parties feeling more liberated and happy, like Vergara's break-up from Loeb. Others are messy and leave one or more parties hating love and stuffing their faces with food. Well, no matter which break-up you went through, consider this dating advice to know when you've truly moved on from your ex:

1. You have no problem deleting their number: If you're truly over your ex, you know that there's no chance of them randomly texting or calling and begging to get back together, so you should be fine with deleting their number. It's better to do this so that you don't "accidentally" text them one night.

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2. You're not jealous if they're with other people: They're single now, and they should be able to see other people without worrying how you feel. If you're really over them, you shouldn't feel anything more than maybe a short pang of hurt before forgetting about it. Besides, you're single too! Just like Vergara, you can start dating other people when you feel you're ready.

Related Link: [How to Move On After Heartbreak](#)

3. You aren't angry about the relationship ending: If your ex was the one to end things, you were probably angry at them for a little while. However, if you're really over them, you shouldn't be angry anymore. After all, it was probably for the better, and you should know that if you're over them.

How did you move on from your relationship and love after a bad break-up? Share your dating advice with us in the comments below!