

Cupid's Weekly Round-Up: Why You Argue with Your Man



By Shannon Seibert

Couples don't seek out arguments, but they are bound to arise from time to time. Many different factors come into play during a fight, and a healthy relationship is all about being able to handle them in the best way possible. We've pulled together five articles from our partners to explain why you and your love may be arguing:

1. You're hearing what you want to hear: Sure, you're hearing them speak, but that doesn't necessarily mean that you're listening. You have to consider the emotions behind the words. For instance, your man may be saying that his boss is unfair, but what he's *really* saying is that he wants to feel like his

work is appreciated. So pay attention and be the shoulder he can lean on. (GalTime.com)

2. You're using the wrong tone of voice: What you say and how you say it go hand in hand. Your tone of voice can add a multitude of connotations to a single phrase. Couples tend to misinterpret the different tones in the heat of the moment, but then they fail to talk about it. Open communication with your love is one of five important steps to a strong relationship. (YourTango.com)

3. You're asking already answered questions: Nothing is worse than asking a question that's already been answered, so sometimes, it's best to refrain from asking questions at all. If he's upset about something and you can't quite understand what he's saying, let him finish telling you what's wrong. Or just take a cue from Kanye West, who supports his wife Kim Kardashian in everything she does, including throwing their baby an over-the-top birthday party. (CelebrityBabyScoop.com)

4. You're avoiding the root of the problem: He's probably not picking a fight about dirty dishes just because he despises your lack of care for clean cutlery. There's usually a deeply-rooted problem in disagreements that a lot of couples fail to address. Try finding the source of the problem before the tension becomes unbearable. (GalTime.com)

5. You're having the same unresolved arguments: You're going to keep fighting about the issue until you come to a conclusion. As a couple, you need to sit down and discuss what's really going on. Make sure you're on the same page at the conclusion of the discussion so it won't happen again. (YourTango.com)

How do you handle arguments with your man? Share your stories with us in the comments below!