

# Actress and Producer Eva Longoria Decides Not To Have Kids



By Sanetra Richards

From the looks of it, Eva Longoria decides not to have kids anytime soon. “It’s just not in my future,” said the 39-year old to [People](#) at the Brita Burbank YMCA special event on Wednesday, which acknowledged the company’s donation of water filtration pitchers and dispensers to nationwide YMCA locations. The *Devious Maids* producer went on to talk about her interest for the cause: “With kids, I love their energy and spirit and innocence,” she said. “It’s really important for us to be here today to talk to them about water because that stays with them. Water’s the original energy drink. Water

is really good for you. Water can be fun.” The former *Desperate Housewives* actress also revealed her methods to staying lean and fit. “I run a lot. I’m a big runner. And I do yoga,” she said. “So, I just alternate. Run, yoga, run, yoga. I do weight training as well.”

## **How do you decide if it’s the right decision to have kids?**

### **Cupid’s Advice:**

You and your partner have been contemplating whether or not to start a family. One minute you all want to, and the next you are rethinking the entire thing. Indeed, a lot does come along with having children – it is a lifetime commitment. How exactly do you decide if it is a bright idea? Well, Cupid has some advice to see if parenthood is right for you:

**1. Compatibility:** The most important step when deciding to have kids with your partner is figuring out if you are truly compatible. As stated before, parenthood is a commitment for life – you will be forever connected to your partner. You want to be as “friendly” as possible, just in case things turn sour later down the road, your bond with him/her will still remain and co-parenting will not be a big issue.

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**2. Same morals:** Raising a child(ren) is certainly not a piece of cake. Before having a baby, you and your significant other should thoroughly discuss what kind of parenting skills you are aiming for. Also, talk about the environment/household you wish to expose your child to. This especially matters when it comes to teaching the child values as they grow, as well as obedience.

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**3. Finances:** You have probably heard before that over the

course of 18 years, a child costs the parents nearly a million dollars. Whether you believe this or not, pretend that is true. You want to be as financially ready as possible before starting a family. Why so? There may come a time when things get a little difficult money-wise – you always want to have that cushion, so your child can be provided for, as well as the additional household.

**What are some other ways to decide whether to have kids or not? Share your thoughts below.**