

Giuliana and Bill Rancic Support Each Other Through Surrogate Miscarriage



By Shannon Seibert

In devastating news, *E!* stars Bill and Giuliana Rancic face a surrogate miscarriage. The couple has been struggling to have another child, who would be a sibling to their son Duke, born by surrogate in August of 2012. The Rancics have a loving, supportive relationship with their surrogate, Delphine, who had an unexpected miscarriage at about nine weeks along. Giuliana herself had undergone a miscarriage years before, which only aided the heartbreak of the circumstances, according to UsMagazine.com.

How do you support your partner through pregnancy troubles?

Cupid's Advice:

1. Don't ask questions you already know the answer to: Questions such as "Are you okay?" may seem supportive, but in reality are just plain aggravating. Asking is just trivial, especially when the circumstances are clearly not okay. Listening goes hand in hand with this idea, meaning that you have to look for the meaning underneath the words and tune into what they may not be saying. Something as simple as holding your love's hand at the right moment can make all of the difference.

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2. Support with more than just words: Saying you'll be there for your partner, and actually being there for your partner are two different animals. Being at doctors appointments, making crazy food runs, and supplying the foot rubs will go miles beyond any words you speak. What people forget is pregnancy does involve two parties, although only one of them carries the child. Pregnancy still takes an emotional toll on both partners, which is why it takes a strong partnership to maintain a foundation of support.

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3. Therapy is not just for the crazies: Point blank, we all need someone to talk to, and therapy is a great place to get an impartial third party opinion. Couples' therapy has proven beneficial over recent years, allowing a safe place for the couple to open up and talk about issues at home. Even if there is just an aura of stress going around, therapy is a great place to dive into the root of the problem, and fix it under a united front.

How have you gone about pregnancy struggles with your partner? Share with us in the comments below!