

Zoe Kravitz Dating Noah Becker Spotted Hand-in-Hand in NYC



By Louisa Gonzales

It seems like Zoe Kravitz has a new man in her life. According to [People](#), **Zoe Kravitz dating Noah Becker**, 20, was spotted in New York City on Thursday afternoon hand-in-hand. The newly formed couple, may in fact be new, but already have history thanks to the *Divergent* actress's dad, Lenny Kravitz, who served as best man when Becker's mom, Barbara Feltus, tied the knot with Belgian artist Arne Quinze. Kravitz last relationship was with the former *Gossip Girl* actor Penn Badgley and the two haven't been linked together since 2013 at a New York party.

How do you know when you're ready to move on after a breakup?

Cupid's Advice:

Everyone moves on from a breakup at their own pace, like Zoe Kravitz, and most of the time it depends on how it ended. Moving on can be hard, especially if the split really devastated you, but it's something we must all do. Cupid has some advice on how to know when you're ready to move on after a breakup:

1. You've stopped thinking about it: You usually have already moved on once you stopped thinking about the person and breakup. Once you have done this your heart has a better chance of being open to finding new love. Sometimes people start dating and move on without realizing it,

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2. You're ready to let go: Letting go is one of the biggest steps in being ready to move on. It's good to let go and not let the ghost of relationship past haunt you in your new relationships. Yes, it's okay to keep some memories or things, but if you want to give your new relationship a chance you have to let your ex go and not hold onto the past, otherwise you're never truly be able to move on and start dating .

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3. You find yourself falling in love again: If someone new is making your heart flutter, is catching your attention and the mere thought of them is making you smile, you're probably ready to move from your ex. Love is complicated, it can change, evolve, or disappear, but it's always good to give it a chance and let your heart decide what's best for you. When you're ready to move on with someone new, you'll feel it.

How do you know if you're ready to move on after a breakup? Share in the comments below.