

Avril Lavigne's Ex Deryck Whibley Hospitalized Due to 'Hard Boozing'



By Louisa Gonzales

Deryck Whibley, former husband of Avril Lavigne, went on a life changing trip to the hospital. According to UsMagazine.com, the Sum 41 frontman, 34, was recently rushed to the hospital after collapsing in his home. The rocker spoke out about experience on his website and revealed the reason behind his trip to the hospital was because of "all the hard boozing" he'd done over the years had finally caught up with him. The musician said he learned from the frightening experience and will stop drinking for good, which is something former wife, pop star Lavigne is "proud" of him for.

What do you do if your partner is abusing a substance?

Cupid's Advice:

Harmful substances can come in many shapes and forms, but one thing is for sure they all can be dangerous. It can be scary to witness someone you love and care about experiencing a substance abuse problem, especially when you have no idea how to help. Cupid has some advice on what you can do if your partner is abusing a substance:

1. Lend your support: Giving your support to someone in need is one of the best things you can do for them. There are many ways to show your support, you can talk to them, encourage them, help them out, and simply just be there for them. It's important from your loved one to know you will stick by them even during difficult times.

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2. Help them get help: It can be hard to admit to yourself that you need help, which is why sometimes you need it from others. Do some research and see what can help or what has worked for others. You can also look up drug side affects and what can happen if you abuse them, it can help with getting them to understand the dangers and what could happen to them if they don't receive help.

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3. Get them to realize they have a problem: If your partner is having a hard time admitting they have a problem, the best way you can help them is by getting them to realize that they do. They are a number of ways to go about it, you can get help from their family or other people close to them and stage an intervention or you can talk to them on your own, just do what you feel is best for the both of you.

**What would you do if your partner is abusing a substance?
Share in the comments below.**