

# Screwing the Rules Video Dating Tips: Talking About Your Relationship Needs



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on Communication in a Relationship

Related Link: [How to Get a Guy to Commit](#)

In this week's [dating advice](#) video, dating expert and

E!'s *Famously Single* dating coach, [Laurel House](#) teaches you how to communicate with your partner about your relationship needs. "Whether it's phone, e-mail, text, or in person, there are five key elements to communication," she reveals. "Those are attitude, word choice, motivation, timing, and length." Watch the video above if you're ready to improve your skills!

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**How do you communicate your relationship needs? Tell us in the comments below!**