## Drew Barrymore Says She 'Couldn't Be Better' After Second Child





By Louisa Gonzales

Drew Barrymore gave birth to her second daughter, Frankie, on April 22 and the transition period of bringing her home has been "great" according to <u>UsMagazine.com</u>. At a recent press conference for Barrymore's latest film, Blended, a comedy she stars in with fellow actor Adam Sandler, she couldn't hide how "happy" she is as everything is "really good" in her life at the moment. The star actress, 39, also recently celebrated a casual mother's day with her husband, art advisor Will Kopelman, 36, and 19-month-old daughter Olive with, "Sweatpants, *Games of Thrones*, takeout". How do you strengthen your relationship after having a second child?

## Cupid's Advice:

Your life and relationships can go through a lot of changes once you start having kids. For a lot of couples having children can be a wonderful time in their lives, but it can also be challenging and difficult at times. Cupid has some advice on how to strengthen your relationship after having a second child:

1. Do family time together: To celebrate your new growing family try doing family activities together. It can be fun to do more things as a family, like go on a family vacation, go to an amusement park or go to the park together, there are many options for families to spend fun, quality time together. The word family is more than just a word to really qualify as family you need to be willing to put in effort, time and energy, but that doesn't mean it can't be fun.

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2. Schedule time for just the two of you: Make sure that you make time just between the both of you. Having two kids can be handful and requirer you to spend a lot of time and energy with them, which can be a fun and enjoyable thing, but that doesn't mean you shouldn't still have "alone" time. To help with not getting or feeling overwhelmed, quality time between the two of you is essential not only for a breath of fresh air but, to help keep your romance alive.

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**3. Communicate:** Communication is key for every good relationship, that includes the one between you and your partner, but also the one between you and your kids. With your

growing family things are bound to get more hectic, so it's good to be on the same page on things. Don't assume your lovebird or child is a mindreader, talk to each other and make sure you both understand what you want in your relationship and for your children.

What do you recommend doing to strengthen your relationship after having a second child? Share your tips below.