

# Tila Tequila Says 'My Baby Has Saved My Life'



By Sanetra Richards

A baby really does change your life, and Tila Tequila can vouch for that. According to [UsMagazine.com](http://UsMagazine.com), the 32-year-old former reality star announced her pregnancy earlier this week on April 18, and expressed the deep emotion she already feels for her baby boy or girl: "It has been quite a painful journey for me, and I never thought I was going to make it out alive. So to be able to do a total 180 and finally be blessed with my first child gets me so emotional that I can barely even handle it," she says. "The only difference is that now these tears I cry are of joy, and no longer of sadness." Tila Tequila took a lot of hits over the years, from the 2010 death of fiancée Casey Johnson, a 2012 rehab stay, and many times she described as "hurtful, embarrassing, and sometimes erratic." She told Us, "My side of the story has never been truly told over the

past five years, as I have kept so much bottled inside of me.” The A Shot at Love with Tila Tequila star went on to gush about her little bun in the oven, saying, “I truly feel that my baby has saved my life, and I will do whatever it takes to give my little baby the whole entire world!” she vows. “I know I’m going to cry so much when the baby is finally born later this year.”

## **What are some ways pregnancy can strengthen your relationship?**

### **Cupid’s Advice:**

Pregnancy comes along with many things, such as spontaneous mood swings, appetite changes, and swollen body parts. However, distance between you and your partner does not have to be included in the bunch. Cupid has a few relationship strengthening effects of pregnancy:

**1. Bonding:** During the 9 (or 10) months spent baking the bun, you and your partner have the opportunity to connect even more. From shopping for the baby to attending doctor appointments together, the joint effort will increase the positive vibes and add to the excitement of the birth.

**Related:** [Tila Tequila Is Pregnant](#)

**2. More talks:** Often times, pregnancy leads to many long conversations about what the future will hold. You and your significant other may begin to question the next step in your relationship, whether that is marriage or building a larger family. Also, you may find yourself questioning some things along the way. Be sure to inform your partner of any concerns or problems you may have about the pregnancy or child’s birth – this will ease any future arguments (that are not because of hormonal changes).

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**3. A deeper connection:** Announcing the baby, finding out the

gender, and watching him or her kick are all moments that will bring you and your partner closer than ever. Who knows, there may be tears of joy along the way!

**How does pregnancy strengthen a relationship? Share your thoughts below.**