


Kate Hudson Looks Up to Goldie Hawn and Kurt Russell's Relationship



 By Louisa Gonzales

Nobody's perfect! This includes the beautiful Kate Hudson who stuns on the cover in the May 2014 issue of *Self Magazine* saying she too still has her flaws and troubles when it comes to relationships, according to UsMagazine.com. The fiancée to musician Matthew Bellamy, told the magazine she has had her own "insecurities" when it comes to her physique and image. The *Something Borrowed* star also went on to share with the magazine her thoughts on finding happiness, how it takes "practice" and who she looks up to when it comes to relationships. Hudson revealed her parents, Goldie Hawn and Kurt Russell who've been together for around thirty years, as some of her biggest inspirations and the two people who have taught her a few things about love.

What are some ways to incorporate lessons from your parents in your relationship?

Cupid's Advice:

Even though relationships are special and unique to each individual person, we can still look towards other for examples to follow. Growing up we rely on our parents to teach us new life lessons and to help us grow, this doesn't have to end when we are adults. Cupid has some advice on ways to incorporate lessons from your parents into your relationship:

1. Ask for your parents advice: Hearing about your parents experience might help you in your own. There's nothing wrong

with asking for your parents advice or help when it comes to your love life. It can be good to grow and learn from their past mistakes or incorporate things your parents did that worked into your own relationship.

Related: [Kate Hudson and Matthew Bellamy Have 'Bumps in the Road Like Anyone Else'](#)

2. Take inspiration from your parents: Parents can be strong figures in your life and are people you can find inspiration from, even when it comes to love. It's nice to be able to look up to your parents and see how much they have grown from love. Parents have done it all before and watching them and seeing how they're when it comes to relationship can inspire you to take action in your own love life.

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3. See what works and hasn't worked for your parents: There is a lot of things you can learn or take from witnessing your parents own relationship. You and your lover can look back on all the things that worked with your parents relationships and what didn't. From seeing and hearing about their troubles or good times, you can learn a great deal about love and what it takes to make a relationship work and long-lasting.

What do you think are some good ways to use lessons you get from your parents in your relationship? Share your tips below.