

'Bachelorette' Andi Dorfman's Promo Poster Mocks Juan Pablo



By Sanetra Richards

More fish in the sea, right? Well, Andri Dorfman of *The Bachelor*'s season 18 will definitely be testing out the waters in the upcoming round of *The Bachelorette*. In her first promo poster for the show's season 10, Dorfman lets it be known that Bachelor Juan Pablo Galavis is not on her good side, per se. The poster's caption reads, "She's looking for the right Juan." So where's the catch? Juan is marked out in red with the word "one" below instead. According to UsMagazine.com, the 26-year-old assistant district attorney described her overnight date with Galavis as a bit of a disaster: "Waking up this morning, I could not wait to get out of the Fantasy Suite," she said. "The Fantasy Suite turned into a nightmare. I saw a side to him that I didn't really like, and the whole night was just a disaster." Luckily, Dorfman is not letting that get in the way of her finding love through TV, and ABC is

not either. The *Bachelorette* star went on to say, “I feel mentally all in, emotionally all in, physically all in. I am in the place in my life where I am just so ready for this. I hate to say it because I don’t want to jinx myself, and be like, ‘I’m so all in and if this doesn’t happen it’s the end of the world.’ But I am ready. I have never felt better in my life about this, and I’m just excited.”

What are the best ways to move on from a bitter break-up?

Cupid’s Advice:

Breakups are far from easy to get over, especially when things went terribly sour between you and your ex. It may come as an utter shock if your ex moves on quicker than you expected. However, do not think you cannot do the same. Cupid has a few suggestions to ease and direct the process:

1. Breakaway: Harsh words were exchanged, feelings were hurt along the way, and there is no way to mend – do not let this prevent you from cutting all ties. If it takes deleting their number from your phone to avoid the heart aching text messages and phone calls, do it. You want to take steps forward instead of backwards. This will gradually take time, but if you are committed to this and the next following steps, considering getting back with your ex will not be an option.

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2. Have fun: Make plans with your girlfriends to go out and enjoy a night on the town. Being around people who genuinely love you will help take away some of the stress and tension that was a result of the breakup. Mix and mingle a little bit to see what else is out there. Of course, this does not mean you should jump into another relationship until you are completely ready to take it on. Embrace the single life for the time being!

Related: [‘Bachelor’ Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling](#)

3. Focus on something else: Pick up a hobby or an entertaining distraction. Those constant thoughts of your ex will soon disappear from your mind. Avoid any hobbies that may trigger a memory that you and your ex shared (remember, you are moving on). Keep on pushing and remind yourself, the relationship ended for a good reason.

What are some ways to get past a bitter break-up? Share your thoughts below.