

JWoww Says 'Pregnancy and Me Don't Mix'



 By Sanetra Richards

The bun is almost ready to come out of the oven! Jenni “JWoww” Farley is three months away from her due date. The *Jersey Shore* cast member posted a sonogram of her baby girl onto her website Tuesday, April 15th. She went on to write, “HOLY S-T! Pregnancy and me don’t mix. I keep saying to myself, ‘how can women enjoy this s-t?!’ I’m always on edge because every appointment I find something else that’s crazy and unexpected.” According to UsMagazine.com, the reality star and mom-to-be also told readers about her recent pregnancy scare when doctors announced the baby had a “small cyst on her brain,” later revealed as a choroid plexus cyst (which would later go away): “I go numb and tears are just flowing. I can’t even begin to try and stop the tears... Literally hysterical to the point where I was hyperventilating thinking, ‘[oh my god] I did something so horrible to my daughter?’... Fast forward to this checkup which brings me to 25 weeks, AKA six months. My daughter’s cyst went away!!!” Another pregnancy problem Farley and fiancé Roger Mathews had to face was a low-lying placenta. The couple was told to abstain from sex for a month: “I literally burst out laughing hysterically,” Farley wrote about the doctor’s prescription for abstinence. “Roger swears I paid him to say [it]. So now no sex for a month!!!” Farley confirmed the placenta problem has since gone away, too. “My placenta is higher so I’m no longer at risk (don’t tell Roger).”

What are some ways to support your partner through her pregnancy?

Cupid's Advice:

Pregnancy takes a woman through many mental, emotional, and physical trials. The last thing she needs is more stress added onto her plate from her partner and child's father. So, how do you make it your mission to ensure her nothing but fewer worries on your part? Cupid has some advice to help:

1. Be attentive: As stated before, your partner is going through one of the most emotional periods in her life. Expect instant mood changes – you can thank the hormones. Take the time to listen to her concerns and as passive as this may sound, do the simple tasks she may ask of you. After all, she is carrying a load!

Related: [JWoww Hates Being Pregnant](#)

2. Attend appointments: You want to be as hands-on as possible. Show her she is not the only one in this pregnancy. Make it your duty to attend the majority of the scheduled doctor appointments, from the first to the last (and delivery room). You would be surprised how moved you will be after seeing you all's bundle of joy for the very first time. Your partner will realize your supportive efforts and be more than grateful.

Related: [JWoww Says Her Baby is 'So Dramatic' Already](#)

3. Show excitement: Believe it or not, fathers actually do not mind getting their hands dirty when it comes to baby planning. In your spare time, browse through the name book or maybe even plan a trip to the store to purchase things for the baby nursery. Assure her she is not the only one looking forward to the new family member.

How do you support your partner through pregnancy? Share your tips below.