

# Screwing the Rules Video Dating Tips: Communicating About Tough Topics



By [E!'s Famosly Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famosly Single* Laurel House on Talking About the Tough Things

Related Link: [Dating Power Tools](#)

In this week's [dating advice](#) video, dating expert and E!'s *Famously Single* dating coach, [Laurel House](#) helps you answer the age-old question: Are you good in bed? If you're not sure, the best thing to do is just ask. The key, though, is removing your ego. "This is not about blowing smoke. You're not fishing for compliments. You're looking for constructive criticism," House shares. "But if you can't handle the truth, don't ask for it."

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**Cupid wants to know: How do you approach the tough topics with your partner?**