

# JWoww Says Being Pregnant is a 'Struggle'



By

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Pregnant best friends JWoww and Snooki attended the MTV Movie Awards together. Farley is expecting a baby girl in July with fiancé Roger Mathews. Polizzi is expecting her second child some time in the fall. "I'm not a fan of pregnancy right now, with my thighs touching and my boobs changing, but I know it will be worth it, and hopefully I get back to that really quickly," JWoww told [UsMagazine.com](http://UsMagazine.com).

**How do you prepare for your first pregnancy?**

**Cupid's Advice:**

Whether you're thinking about getting pregnant, or you're already well on your way to giving birth, there are a few things you should prepare for and consider before you raise a child on your own. Cupid is here to help:

**1. Eat the right foods:** Help your body prepare for its physical journey by eating all the right foods. No more caffeinated beverages, seafood, canned foods, etc. Stick to eating plenty of fresh fruits and vegetables. When it comes to your source of protein, try to limit yourself to chicken and other lean meats.

**Related:** [JWoww and Fiance Roger Matthews Are Expecting First Child](#)

**2. Check your finances:** Are you financially ready to take care of a child? Take a look at your bank account. Can you afford to miss a few months of work, while you're pregnant? You have to be realistic about what you're capable of doing right now at this point in your life. You're not ready for a child if you're not 100 percent sure you can afford to take care of one.

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**3. Talk to your partner:** You're ready for a baby, but your significant other might think otherwise. Have a conversation with your partner about you wanting to start a family, and make sure the two of you are on the same page.

**How did you prepare for your first pregnancy? Share your experience below.**