

# David Krumkoltz Has a Baby Girl



By April Littleton

According to [People](#), *Men at Work* star David Krumkoltz welcomed a daughter, Pemma Mae. He announced the news via his Twitter account Saturday. "I am a parent," he tweeted. The actor married Vanessa Britting in New York City in May 2010.

**How do you prepare for the birth of your child?**

## **Cupid's Advice:**

Congratulations on the soon-to-be birth of your child. Parents prepare for a new family member in many different ways. You have to find a way that works best for you and your partner. Cupid has some advice:

**1. Relax:** Your partner needs you to stay calm more than ever

now. Your significant other will already be stressed to the max up until the baby is born, and when the bundle of joy does arrive a whole new level of anxiety will set in.

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**2. Research:** Do as much research as you can before the baby is due. Buy a few pregnancy books. Take some birthing classes. Anything that you can do to help you get familiar with the baby will prove to be beneficial in the end.

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**3. Get yourself ready:** You need to mentally prepare yourself for what's to come. Spend time with your significant other because once the baby comes, alone time will be different. Your life won't just be about you and your partner anymore, you'll have another person to think about as well.

**How did you prepare for the birth of your child? Share your experience below.**