

Date Idea: Laugh It Up



By Brittany Stubbs

It's true what they say: Laughter is the best medicine. So why not indulge in some comedy with your love? After a long day at the office or a stressful week juggling your many responsibilities, you and your partner can sit back and relieve that tension with some good, old-fashion laughs. You can even invite your best couple friends too!

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Comedy clubs always make for a fun night out. These clubs often allow you to get comfy and have a drink while listening to some hilarious stand-up routines by local comedians. They occasionally get members from the audience involved, so don't be afraid to point at your partner if they ask for volunteers.

Research comedy clubs in your area and find a night that works for the two of you. In the mood for some classic improv? The Improvisation Comedy Clubs have remained the premiere stages for comedy for over half a century. Find out how to get tickets for a show in your area. You can make a night of it by setting up a dinner reservation at a place nearby. Good food accompanied by good fun – what’s better than that?

A night of laughter doesn’t mean you have to leave the house. If the two of you are craving a night in, collect your favorite comedy classics and have a movie marathon. Maybe you’re in the mood to binge watch Adam Sandler movies, or perhaps you’re more of an *Old School* fan. You’ll spend the night laughing with your babe from the comfort of your own couch. And don’t forget the snacks – every great movie night requires some junk food! Buy your favorite candy, make some popcorn, and open a bottle of wine. It will be just like going to the movies, except you can wear your pajamas.

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You never know what a little laughter will do for your relationship. So tonight, be open-minded, have fun, and don’t be afraid to show off your goofy side!

Have you ever had a night of laughter with your love? Share your stories below.