

Chris Evans Returns in the Sequel 'Captain America: The Winter Soldier'



By April Littleton

Chris Evans make his return as the WWII soldier in the sequel to the box office hit *Captain America*. In the film, he is still struggling to find his place in the 21st century. He tries to come to terms with the time he lost from being frozen for so long as he adapts to his newfound superpowers.

Should you see it:

You're obviously going to want to see this film if you enjoyed the first installment. Any Marvel fans might take an interest in this film as well – especially if they enjoyed *The Avengers*. You'll see a few familiar faces/characters in *Captain America: The Winter Soldier* including Samuel L. Jackson as Nick Fury and Scarlett Johansson as the Black

Widow.

Who to take:

Most guys love action films. So, if you have a boyfriend, think about taking him to see this movie during your next date night. If you'd rather see the film with a few of your close friends, that would be OK too.

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What are some ways to protect the ones you love?

Cupid's Advice:

The role of the protector is a tough one to maintain. Some of the time the people you care about won't understand the decisions you make – even when it's in their best interest. Cupid has some advice:

1. Honesty: Always be honest with your loved ones. You can't protect your family and friends from harm if they don't know the full extent of a situation. The truth may be hurtful to them, but in the long run, they'll thank you for it.

2. Communicate: If you're feeling that something isn't right, let your loved ones know about it first. Don't keep any serious information to yourself. You want the people you care about to trust you. If you leave them in the dark about anything, they'll begin to doubt your judgement. Speak up about your feelings.

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3. Be aware: When it comes to the safety of your family and friends, always be aware of everything around you. Be wary around new people entering the life of loved ones. You're the protector. You have to be the person who can spot bad decisions and situations the people you care about can't.

What are some other ways to protect the ones you love? Comment below.