'The Bachelor' Star Juan Pablo Galavis Responds to Backlash By Posting Selfie with Nikki





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The leading man of *The Bachelor* season 18 Juan Pablo Galavis can't seem to catch a break! The reality TV star recently posted a photo with winner Nikki Ferrell, and the caption read, "We are FREE @nikki_ferrell..." after the reunion show. The response to this declaration about his relationship and love wasn't kind, but Galavis isn't going to let it bother him. According to *UsMagazine.com*, the 32-year-old former soccer player later shared the quote, "Throw me to the wolves,

The Bachelor star Juan Pablo Galavis received some mean comments on his Instagram post. How do you keep outside influences from affecting your relationship and love life?

Related: The New 'Bachelor' Is Juan Pablo Galavis!

Cupid's Advice:

Outsiders aren't always your best friends. They will nitpick and find every single way to taint the connection between you and your partner. Consider this relationship advice from Cupid:

1. Maintain a sense of mystery: Nowadays, many couples share their most intimate moments to complete strangers without even realizing it. From happy times to the occasional arguments, Twitter, Facebook, and Instagram make it easy to reveal all. Instead, keep your feelings to yourself and let others think what they want about your relationship and love.

Related: Former 'Bachelor' Star Kacie B. Is Engaged

2. Focus on the positives: You may feel the urge to air your dirty laundry to family and friends, but be careful. Yes, it can be pretty tempting to vent about something your partner did or didn't do, but if you continuously tell your loved ones the negatives, they'll soon forget the positives. Remember to highlight the good times as well as the bad times.

What are some ways to keep the public out of your relationship

and love life? Share your suggestions below.