

Matthew McConaughey Says He Wants to Make Family Proud in Oscar Speech



By Louisa Gonzales

It was a big night for Matthew McConaughey, for the actor won the Oscar for Best Actor at the 2014 Academy Awards on Sunday. McConaughey won for his amazing performance as a man living with AIDS in the critically acclaimed drama *Dallas Buyers Club*. According to [People](#), the star actor went on stage after giving a kiss to his wife, Camila Alves and a hug to his costar and fellow winner of the night, Jared Leto to accept his award. Once upon the stage he give a heartfelt speech, expressing gratitude to everyone and everything that got him there. He thanked God, his faith, and his family for their inspiration and giving him the motivation he needs to keep living and moving forward.

What are some ways to show you're proud of your partner?

Cupid's Advice:

Telling someone you are proud of him or her is rewarding for both you and the other person. Letting your partner know you are proud of them lets them know you acknowledge their hard work and appreciate their efforts as well as them. Cupid has some advice on ways to show you're proud of your partner:

1. Write a letter: Putting down your thoughts and feelings on paper is a good way to express yourself to your partner. Doing this is an easy way to share your emotions, because sometimes it's hard to say everything out loud. Write down all the reasons you are proud of them and it will surely brighten their day and encourage them to keep up the good work.

Related: [Matthew McConaughey Thanks Wife Camila Alves for Motivation](#)

2. Speak out loud: Say it in a song, shout it from the rooftops, tell them over dinner, before you go to bed, whatever. It doesn't matter how or where you say you're proud of them, you just need to say it. Be genuine about it though, be honest and really mean it when you say it, be in the moment. Part of being in a relationship is putting effort into it and helping your significant other feel good about themselves and putting.

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3. Show up for support: One of the best ways to show you're proud of your sweetheart is to show up for something that is important to them. This will show you care and are there for them or by their side. Your partner needs that affirmation that you acknowledge their efforts and accomplishments and being in attendance at some of their big moments will be a good gesture to show just that.

What do you think are good ways to show you're proud of your honey? Share in the comments below.