Michael Ealy Says Son Elijah's Milestones Warm His Heart





M By April Littleton

Not much is known about Michael Ealy's private life except that he has a wife, Khatira Rafiqzada, who he married Oct. 2012, and he welcomed a baby boy last year. "We have a son. I never understand why people announce the birth of their children," Ealy said in February. However, The About Last Night star seems to be warming up to the idea of opening up to the public. "There are multiple milestones every day," he told People. "He said 'Mama' yesterday in the car and it really warmed my heart. It was a lot of babbling!"

What are some ways to keep your family life private?

Cupid's Advice:

Many people like to keep their personal life private, but have a hard time doing that without offending other individuals who may be a part of their life. Cupid is here to help:

1. Keep personal information quiet: Keep any secrets or other general information you're not comfortable with letting everyone known under wraps. If you're constantly around people who like to bring up personal subjects, stay away from them or simply tell them you're not interested in talking about your private life.

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2. Stay away from social media: Social media can be a couples' best friend or worst enemy. If you decide to post all of your business via Twitter or Instagram, it's guaranteed almost everyone you didn't want to know about your private life will be the first ones with the inside scoop. Avoid posting any pictures or statuses if it has to do with your loved ones.

Related: John Krasinski and Emily Blunt Welcome a Baby Girl

3. Keep your circle small: Make sure you can trust the friends you have to keep any private information between them. The more people you have around your family, the more likely it is for false information and miscommunication to appear. Maintain a tight, small circle of loved ones and keep your acquaintances at a distance.

What are some other ways to keep your family life private? Comment below.