

Scarlett Johansson Is Expecting!



By April Littleton

According to [People](#), Scarlett Johansson is expecting her first child with fiancé Romain Dauriac. Six months ago, the *Avengers* actress announced her engagement. “I’m very happy. He’s my buddy,” Johansson said about the French journalist.

How do you prepare for your first child?

Cupid’s Advice:

Many couples don’t know where to start when they find out they’re pregnant for the first time. How do you know what size clothes to buy? Do you buy baby formula now or later? Take a deep breath and remain calm. Cupid has some tips:

1. Get educated: One of the best things you can do for yourself and your future newborn is learn everything there is to learn about babies and parenthood. Buy pregnancy books, take parenting classes with your partner and ask for tips and advice from loved ones who’ve already been through the situations you are about to experience.

Related: [Jimmy Kimmel Is Expecting a Baby with Wife Molly McNearney](#)

2. Take care of yourself: Stay away from foods that aren’t recommended to eat while pregnant. This means no sushi and absolutely no drinking. Eat foods that will nourish you and your growing baby. Keep yourself in shape and in good health. Exercise regularly, but don’t overexert yourself.

Related: [Simon Cowell Shares Photo and Gushes About Newborn](#)

Son

3. Get the house together: You and your significant other need to start getting your home together for when the baby arrives. Think of ideas on how you want his/her room to be. Do you have a color scheme picked out? Is the house even safe enough for a child to live in? Your lifestyle will change, and most of the money you spend on materialistic objects will need to be put toward a crib, diapers, toys and baby clothing.

How did you prepare for your first child? Share your experience below.