


'Married to Jonas' Star Danielle Jonas Dishes on Motherhood!



 By Maria Darbenzio

First-time parents Kevin and Danielle Jonas welcomed their daughter, Alena Rose, on February 2nd. With a month of parenting now under her belt, the new mommy talked to Celebrity Baby Scoop about natural childbirth, breastfeeding, and her newborn, who she says is “such a good baby.”

Luckily, we were all able to follow along with the couple’s journey into parenthood through Kevin’s tweets. “I don’t know when he was able to tweet because it seemed he was helping me the whole time. I was very lucky. We went into the hospital at midnight the night before and thought we were going to have her then. Once we got there, they said it would probably be tomorrow evening, so we went home. Three hours later, we were back at the hospital and ready to start the process.”

Related Link: [Kevin and Danielle Jonas Welcome a Baby Girl](#)

CBS: Are you breastfeeding? If so, how is that going?

DJ: “Breastfeeding is a daily challenge. We’re still finding a rhythm.”

CBS: How are you navigating these early days of motherhood? Do you have help? Family support? Are you doing all the midnight feeds?

DJ: “Lots of family support! Everyone has been amazing, but it is tough. I have my moments of wondering if I’m doing

something wrong if she won't stop crying. Those moments are tough, but then she eventually calms down and is a happy baby again. Midnight feedings are mostly me, but Kevin has been taking early mornings so I can sleep. He's better in the morning – I don't drink coffee, but I think I may need to start."

CBS: Do you have any tips for parents-to-be in coming up with a playroom/nursery design?

DJ: "Make everything short and small. We have a couch for her that is smaller, so she won't have issues getting up on it when she's older. Also, if she is playing and falls, it's low to the ground so she'll be less likely to get hurt."

Related Link: [Danielle Jonas Shares Baby Sonogram](#)

CBS: What's up next for the three of you?

DJ: "I think we're going to spend as much time together as a family as we can. Kevin is going to get really busy again soon, so it's nice to have him home as much as possible right now."

To read the rest of the interview, visit www.celebritybabyscoop.com/2014/02/21/danielle-alena-amazing/!