

Marc Anthony and Girlfriend Chloe Green Split



By April Littleton

After a year of dating, Marc Anthony and Chloe Green have called it quits. "They are taking a break. It is because of busy schedules," an insider told UsMagazine.com. The couple were last seen together Jan. 26 when they attended the 2014 Grammy Awards in Los Angeles.

How do you balance busy work schedules with your relationship?

Cupid's Advice:

A relationship can struggle a bit when there's hectic work schedules involved. Some couples find it difficult to find the

perfect balance between their careers and their love lives. Don't worry, Cupid has some tips:

1. Make time: Make any free time you have worthwhile for your partner. A relationship is hard work – especially when the two people involved have hectic careers. The time you do share together will be precious and rare, so make the most of it.

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2. Get your priorities together: Your career is important and should be at the top of your list, but just keep in mind that you have other things you should be worried about as well. You have family and friends who still depend on you, and every now and then you need to find a way to show them you still care.

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3. Take it easy: Don't let the pressures of your everyday life take over. Think about your loved ones and don't let stress into your life. You don't need to stop working completely in order to have a successful personal life, but you do need to remind yourself why you're working so hard in the first place. Enjoy the the little moments and make sure your family knows you love them.

What are some other ways to balance work schedules with your relationship? Comment below.