

# Sink Your Teeth Into 'Vampire Academy'



BASED ON THE WORLDWIDE BESTSELLER



By April Littleton

Based on the best-selling novel by Richelle Mead, *Vampire Academy* follows the life of Rose Hathaway (played by Zoey Deutch). The teen is a Dhampir: half human/half vampire who is destined to protect her best friend Lissa Dragomir, who is a Moroi (mortal vampire). The film is directed by Mark Waters and will be released Feb. 14.

## Should you see it:

If you weren't a big fan of any of the *Twilight* films, don't let that discourage you from watching *Vampire Academy*. Yes, this is another movie about bloodsuckers, but it has an entirely different feel to it. Romance isn't the big theme of

this motion picture. In fact, you'll probably get a sense of girl power and unity once you leave the theater.

### **Who to take:**

You could probably force your significant other with you, but you will probably have more fun seeing this with a group of your friends. The film is rated PG-13 for violence, bloody images, sexual content and language. Keep that in mind if you have a younger sibling who is dying to have a little family night out with his/her big brother or sister.

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**What are some ways to protect your loved ones without going overboard?**

### **Cupid's Advice:**

When you see the person you care about making the wrong decisions, it can be hard to maintain certain boundaries. You just want to see your loved ones healthy, happy and safe. You can still keep an eye on all the people you love without going to the extreme. Cupid has some tips:

**1. Ground rules:** Everyone craves a sense of stability and that comes from remaining consistent with your ground rules. Make sure your loved ones are aware of the dos and don'ts in and out of your household. Stick to what you say, and don't make excuses for the people you love when they do something wrong.

**2. Communication:** You don't need to follow your loved ones all over town. You need to learn to build trust and give them room to be themselves. Sometimes they will make mistakes, but that's how people grow and learn more about themselves. All they really need is a listening ear. Don't be the person who judges them for their bad decisions. Be the person they go to for consolation and much needed advice.

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**3. Tough love:** When the rules are broken, you will need to be the one to put your foot down. You can't let your loved ones get away with wrongdoing. In some instances, people need to learn from their own mistakes. In other cases, they need someone to guide them in the right direction. You don't have to be cruel to get your point across, but when you see the person you care about heading down a wrong path, be there to catch them before it's too late for them to turn back.

**What are some other ways to protect your loved ones without going overboard? Comment below.**