'DWTS' Pro Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend





By Louisa Gonzales

The Dancing With The Stars alum, Anna Trebunskaya makes two big and exciting announcements in one blow. The TV star broke the news of the birth of her child and the name of her baby daddy, Nevin Millian. Millian is an actor who has shown up in shows such as True Blood and Nip/Tuck. According to UsMagazine.com, a rep confirmed in a statement that Trebunskaya and boyfriend Millan welcomed their first child at a home birth, daughter Amayla Millan, on Saturday, January 18th. The couple was reportedly also quoted saying they're "thrilled" and "couldn't be happier" about the birth of their baby girl!

What are some ways to keep your relationship under wraps at first?

Cupid's Advice:

When your relationship is new and fresh you might feel it is best to keep it under wraps, especially when it is important for you to keep your personal life private, until you know it's real and will last. It is important to feel secure in a relationship and not reveal anything until you both are ready. How can you keep your relationship under wraps in the beginning? Cupid has some advice:

1. Keep it to yourself: Don't discuss your personal business. When people bring up your personal life maintain short and cool responses. If people are persistent about it don't be afraid to say, "I don't discuss my personal relationships." If you are not ready to show you're a couple or talk about it then don't, no one needs to know about your private affairs.

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2. Keep physical contact to a minimum in public: If you want to keep your union under wraps, that means hiding all signs of a relationship when you are out in public or with your family and friends. What you do on your own time or in private is up to you, but if you're looking to keep the fact you are together a secret, and you are both constantly all up on each other your affair won't stay that way.

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3. Deny or Avoid the subject: You can deny the fact you two are an item if anyone asks or you can avoid the subject. If someone asks you about them you can say things about them, without revealing you are with them simply by avoiding the

subject of romance. Say things like, "Yes they're great," and "We are very close." This lets you talk about your lover without actually stating the two of you are lovebirds.

What do you think is the best way to keep your relationship under wraps? Share your advice below.