

Kristin Cavallari Shows Off Baby Bump #2



By April Littleton

According to UsMagazine.com, former *Hills* star Kristin Cavallari showed off her second baby bump via Instagram Jan. 18. "Gym selfie...baby bump getting big!" she captioned the photo. Cavallari married Jay Cutler last June. The couple are already parents to son Camden, 17 months.

How do you prepare for a new addition to your family?

Cupid's Advice:

Congratulations on your growing baby bump! Family is important. Adding to something that already means so much to

you is a special thing. You're ready to include a new life in your already amazing family, but how do you get them to feel the same way? Cupid is here to help:

1. Communicate with your child/children: One of the first things you should do when you find out you're expecting another baby is share the news with the child/children you already have. If they're old enough to understand what it means to be a big sister or brother, just let them know when you let the rest of your family know. If they're too young to full grasp the meaning, keep reassuring your love for them and get them excited about the new baby. Let them help pick out toys, clothing, etc. When the newborn finally does arrive, allow them to help out with small things involving their new younger sibling as well.

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2. Budget: How much money you're spending on your family now versus how much you'll have to spend when the baby comes will differ greatly. Be prepared for a new budget. A new child also comes with new responsibilities and a bigger family means higher expenses.

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3. Look through old baby items: Before you go out and buy unnecessary baby items, look through some of the things you already have from your previous pregnancies. Depending on the sex of your newborn, any of the old clothing you have will do just fine until your child grows out of it. You can choose to update other items such as a crib, stroller and toys, but if you'd rather save your money for the things you can't reuse (diapers), your loved ones and your newborn baby won't hold it against you.

What are some other ways to prepare for a new addition to your family? Comment below.