


DeAnna Pappas Stagliano Celebrates Her Baby Shower



 By Maria Darbenzio

Former star of *The Bachelorette*'s fourth season, DeAnna Pappas Stagliano, joined friends and family to celebrate the soon-to-be mother. A baby shower was held at her mother-in-law's Los Angeles home on January 12th. The get-together was hosted by DeAnna's sister-in-law, best friend, and Good Carma Studio with a theme of *Pretty in Pink*. You guessed it: Her and husband, Stephen Stagliano, are having a baby girl! Celebrity Baby Scoop had the opportunity to talk with the 32-year-old about her first child.

Related Link: [Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant](#)

As Pappas Stagliano showed off her baby bump in a gorgeous royal blue dress from A Pea in the Pod, guests enjoyed an array of organic foods that included fresh juices and yogurt parfaits. The soiree also included a candy table created by Mabel's Labels, including organic sweets of sugar, spice, and everything nice. They were even treated to foot massages, thanks to MANLY HANDZ.

"I've been trying not to stress over the actual birthing process," she shared. "We've decided to just head to the hospital and let the doctors do what they know best. I'll have an epidural and put my trust in the brains that know best."

She's excited to welcome her little bundle of joy, who is expected to arrive in early February around the same time as her husband's birthday. "A healthy, happy baby girl is all we care about," she went on to say.

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Because the couple shared the baby's gender, they've decided to keep their name decision a secret until she arrives. Their daughter will be welcomed with a beautiful nursery designed by Carousel Designs. Although they don't have an overall theme for the nursery, the couple decided on a color scheme and the perfect bedding to go along with it.

As the baby shower came to an end and guest began to leave, they were handed goodie bags that included a variety of awesome party favors. It sounds like the pregnant star had a blast!

For the rest of the interview, check out [celebritybabyscoop.com](#).