

Josh Duhamel Says He's Not Trying to Break Up the Black Eyed Peas



By Brittany Stubbs

Rumors were swirling that Fergie's husband, Josh Duhamel, was urging his wife to break away from the Black Eyed Peas. But the *Safe Haven* star is making it clear that these allegations are completely false. "Don't believe this bulls-t. Not true," he wrote, along with a hyperlink to the offending report, UsMagazine.com confirms. Although Fergie confirmed her plans of doing a solo album with Ryan Seacrest back in November, the new mom is still signed under Will.i.am's imprint for Interscope, I am Music.

How do you keep jealousy about your partner's career at bay?

Cupid's Advice:

No matter how happy you are for your partner's success, jealousy is in human nature and can occur in any relationship, no matter how stable or healthy it may be. Knowing how to handle jealousy is what will keep the green-eyed monster from harming both your relationship and your partner's career:

1. Show support: Even if you wish you had gotten the raise or promotion over your partner, at the end of the day, you must congratulate and support your partner on everything they achieve. Supporting one another is what keeps relationships both positive and strong.

Related: [Fergie and Josh Duhamel Are Expecting](#)

2. Share their success: Remind yourself that as a couple, you are a unit, meaning their achievements are also your achievements. When they score the big promotion or get rewarded for their hard work on a project, remind yourself that by supporting them, you contributed to their ultimate success, and they may not have been able to accomplish it without you. This can replace feelings of jealousy with pride.

Related: [Fergie Jokes That Josh Duhamel Wanted Children With Her From Their First Date](#)

3. See the positives in their career: While you may feel envious about certain parts of your partner's job, whether that comes from their role of working closely with the opposite sex, or accomplishing more than you have in your own career, try to focus on the positives it brings to your relationship. This could be anything from their paychecks that support your family, or the personal growth and happiness the specific career provides your partner. Never overlook the positives.

How do you keep jealousy about your partner's career from harming your relationship? Share your thoughts below.