

New Dad Jesse Williams Says Fatherhood Is ‘Amazing’



By April Littleton

Jesse Williams and wife Aryn Drake-Lee welcomed a daughter named Sadie in December. “It’s hard to describe. It’s wonderful – a new discovery every day. It’s great and I’m loving it, the actor told [People](#).

What are some ways to keep your relationship romantic post-baby?

Cupid’s Advice:

When a baby is added to the picture, spending quality time with your significant other can be tough to do. Yes, the well-being of your newborn should be the most important thing to you, but you also want to make sure your honey knows the love is still there. Cupid has some tips:

1. Spend time together: For the first few weeks of your newborn's birth, spending some alone time with your partner might be a little impossible to do. When things start to calm down and you feel more comfortable in your new routine, try to spend at least five minutes with your honey. Give him/her a hug, or just chat for a little bit. Any time you share with your significant other from here on out is precious and shouldn't be taken for granted.

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2. Leave notes: Leave notes around the house for your partner to see. You'll probably be in and out of the house at random times, so it'll be nice to show your companion you're still thinking about them throughout the day.

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3. Dine together: When you find the opportunity to do so, eat dinner with your significant other. The meal doesn't have to be anything expensive or huge, but the few minutes the two of you share together while dining will mean the world to the both of you. You can choose to cook together, or simply order takeout if you're too exhausted from handling baby duties all day.

What are some other ways to keep your relationship romantic post-baby? Comment below.