

Celebrity Couples: What True Love Looks Like



By Jared Sais

The start of a new year gives everyone a renewed sense of hope, and with this thought in mind, I decided to consider three celebrity couples who are happy in love.

Amanda Seyfried and Justin Long: These lovebirds have become a paparazzi favorite lately. In many photos, the couple appears surprised at their picture being taken. You'll see their eyebrows and eyes raised and their mouths just a bit open. Note that surprise is one of the seven micro-expressions that people make to indicate an emotion.

In another recent photo, we see the actress leaning towards

her man, either for a kiss or to whisper something to him. This behavior shows how comfortable they are with each other. When people feel comfortable, they tend to get even closer into your “personal space bubble.” It’s an easy way to identify if two people are dating or just really close friends.

Related Link: [Amanda Seyfried and Justin Long Bond Over Her Dog](#)

As a side note, when flirting, if you’re talking to someone you’re interested in, whisper something every once in a while so the person has to lean in to hear you. It’s a great trick for getting closer and making a move.

Notice Seyfried’s eyes in many photos of the couple. They’re often locked on Justin’s lips; this is what desire looks like. As she gives a slight grin and looks at her man’s wanderlust smile, there is nothing but attraction and lustfully gazing eyes. Likewise, the actor has a very loving smile with deep eye contact, which tells me he is very romantically invested in the blonde beauty.

You can also see the lack of space between them in the photo above and other photos, which indicates a romantic relationship or at least a very close trusting relationship.

Drew Barrymore and Will Kopelman: We have something special here: best friends *and* lovers. They have a dynamic that many couples strive for. You can tell they are truly happy in many of their photos; the facial expression of smiling is categorized as high cheeks, crows feet in the corners of the eyes, and raised outer corners of the lips. Sometimes, this body language is easier to see in photos than in live action. But knowing the difference between a true smile and a fake smile can make the difference between catching someone in a lie or knowing if your partner is truly interested in you.

When people are comfortable with someone, they usually talk

with the cup in their hands; put the cup down and continue to use their hands in a conversation; or put the cup to the side of their body. In a picture of Barrymore and Kopelman at a sporting event, we see the actress talking with her cup in her hands, showing us that she's very comfortable in her husband's presence. She also leans in towards him, putting her weight on him – another sign of trust and love.

Related Link: [Drew Barrymore Goes Public with Second Pregnancy](#)

Heidi Klum and Martin Kirsten: You'll often see this pair walking at the same pace with locked hands or their arms around each other. This body language is considered mirroring each other, and all signs tell you that their relationship is going strong. They are a very real couple; they run together and share that interest. There's nothing better than an early run and coffee in the morning with your loved one.

Listen up, guys: Real men wear pink or hold their woman's purse. Yes, Kirsten often holds his girlfriend's purse, showing us what a gentleman he is. He is confident with himself and their relationship. Plus, it reveals just how close they are as a couple.

Author's Note: If you're looking for more in-depth non-verbal tricks, I will be holding a class in the New York City area. The class focuses on everything non-verbal, including confidence building, how to become a better flirter, how to spot flirting that is directed your way, how to find quality men/women, fashion tips and tricks, and etiquette coaching. Please email me at jaredsais@gmail.com for more information and to sign up. Tickets are going fast, and there is a 20-person limit! See you there.

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and

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