JWoww and Fiance Roger Matthews are Expecting First Child





By Brittany Stubbs

Another Jersey Shore alum is pregnant! Jenni "JWoww" Farley is expecting her first child with fiance Roger Mathews, *UsMagazine.com* confirms. Farley, now in her second trimester, revealed her pregnancy news to family and friends in a Christmas card that showed off a sonogram image. "We couldn't have wished for a better gift this Christmas! Happy Holidays from our growing family to yours! Love, Jenni, Roger and arriving July, 2014 Baby Mathews." Farley also shared the big news on her website. "We wanted to share this exciting news with you all first because you have been a part of our lives these past few years and seen the love between Roger and me develop and blossom," she told fans.

What are ways to prepare your relationship for a child?

Cupid's Advice:

Whether you're newly engaged or have been with your partner for several years, having a child is a huge step in any relationship. Though beautiful creatures, a child will challenge and push you to your limits. The best thing you can do for your relationship when expecting a child is knowing what's ahead and preparing yourself for the future:

1. Expect change: It's no longer just you and your significant other; you have a new family member to take care of and think about. And this member doesn't care how much sleep you got before, how you gave up your home office for a nursery, or the weekend getaways you can no longer go on. Accepting early on that there will be changes in your lifestyle will make the transition easier.

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2. Prepare yourself for the worst: Being a parent is difficult, especially in the beginning. You'll often feel over-worked, sleep deprived, and helpless at times. This can lead to fighting and even feeling disconnected from your partner. Knowing that this is normal and just a phase, can keep you from over-analyzing it, adding to your stress.

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3. Budget for your baby: Setting financial boundaries ahead of time can prepare you for the costly reality of a child. Discussing specific sacrifices you each will make – whether it be giving up trips to the nail salon or a membership at the golf club – can reduce financial worries for both of you.

What are ways you've prepared your relationship for a child? Share your experiences below.