Mexican Cooking Classes: Spice Up Date Night





By Leslie Chavez

Spice up the kitchen with your "amor" this Cinco de Mayo by adding Mexican Cooking Classes do your date menu! Discover how to create classic Mexican dishes that are fresh and fiery. Throw in some margaritas, and you'll have all the ingredients you need for the perfect fiesta.

For starters, try checking out some local Mexican restaurants and see if they are offering special cooking classes with their executive chef for the holiday. Or you might find a special event through local flyers and town websites where you can discover and compare some of the best courses out there.

Maybe you want your class to look something like this: First, snack on some homemade guacamole and chips. Maybe you can whip up some pozole verde and beef and pumpkin empanadas for the main course. For dessert, take a shot at baking tres leches cake.

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Once you finish the Mexican cooking class, you can have your own celebration at home and show off your new skills. Cooking dinner for a date is a great way to engage with each other in an intimate way while working towards a common goal. You will be able to learn about each other's strengths, practice communicating, and have fun. Plus, you'll make new memories because of the experience and discover how to better operate as a team.

Ask him about his week as you chop chilies together, or put your hand over his as he stirs the enchilada sauce. Turn up the mariachi music — try listening to greats like Vincente Fernandez or Luis Miguel — as you prepare your meal and dance a little salsa around the stove. Enjoy the process of creating a meal as a couple and sip on tequila sunrises as you go. Cooking is a multi-sensory experience, so embrace the sight, smell, touch and feel of the food…and each other. Muy Caliente!

Related Link: Celebrate Cinco De Mayo with Your Mate

Remember it's all about having fun and connecting with your lover, your cooking dinner for a date, not a contest, so be careful about getting too competitive or ambitious with your partner. After all, the key ingredient in any dish is love.

How do you and your love plan to celebrate Cinco de Mayo? Tell us in the comments below!