

# Are Ashley Benson and Ex-Boyfriend Ryan Good Dating Again?



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Ashley Benson and former flame Ryan Good might be dating again. The pair were seen together Friday, Dec. 20. at the Boom Boom Room in New York City. "Ryan and Ashley were kissing each other all night," an insider said.

**How do you know whether to get back with your ex or not?**

**Cupid's Advice:**

You and your ex might have mixed feelings about each other, especially if the two of you are still in each other's lives. Should you try to rekindle the flame? Would giving love a second chance hurt the friendship the two of you managed to

develop? Cupid has some tips:

**1. Still on good terms:** The breakup between you and your ex wasn't too bad. In fact, you and your former flame are still really good friends. If things ended on a good note, there is still a chance the two of you can make things work. You know where it went wrong, so you should be able to fix it.

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**2. Can't get over it:** When you think about the love lost between you and your ex, you're filled with regret. Sometimes, you don't realize what you have until it's gone. If your ex spends a lot of time with you, then he/she is obviously not over you either.

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**3. You're still in love:** If you're still in love with your ex and believe you can fix the mistakes in your relationship, then give it another chance. The heart wants what it wants and you ignoring your real feelings will only make the situation worse.

**How did you know whether to get back with your ex or not? Share your experience below.**