

# Rachel Zoe Welcomes Her Second Son



By Kerri Sheehan

Rachel Zoe and her husband Rodger Berman welcomed a second son into their family this weekend! The celebrity stylist turned fashion designer added another baby on board with son Kaius Jagger Berman. According to [People](#), 42-year-old Zoe announced via Twitter, "So excited to welcome our baby boy into the world ... he's 7 lbs., 12 oz., beautiful, healthy and we couldn't be happier,"

**How do you prepare for your second child versus your first?**

**Cupid's Advice:**

Preparing for your second child can be confusing. Let Cupid help you out:

**1. Siblings:** Make sure the older siblings are mentally prepared for the new addition to the family. They are the ones who will notice the change in the family dynamic so prepare them for the change.

**2. Work together:** You and your partner should keep the division of labor very egalitarian. If one feels like they are taking over most of the work then communicate that to the other.

**3. Prepare the house:** Adding another child likely means turning a room into a bedroom. Put together the nursery ahead of time so you'll be ready when baby comes along.

**How would you prepare for your second child? Share below.**