

# NoGamesLove Video Dating Tips: Get Over an Ex By Acting Like Him



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on When to Move On

It's tempting to put yourself on a dating hold after you get out of a serious relationship, but in this week's [dating advice](#) video, relationship expert and E!'s *Famously*

Single dating coach, Laurel House encourages you to take a different approach. If you want to get over an ex, start acting like him! “Guys are amazing at getting over relationships, aren’t they?” the dating expert asks. Girls, on the other hand, “saturate in the pain of the breakup.” They tend to obsess and go on a life hiatus, just waiting for love to happen to us again. Here, House shares her quick tips for moving on from heartbreak.

**Related Link:** [Heartbroken? Heal and Move On...Like I Did](#)

*For more information about our dating mentor, click [here](#).*

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**How did you move on after a broken heart? Tell us in the comments below.**