

Eddie Cibrian's Privacy Plea After Infidelity Goes Public



Last week Cupid's Pulse posted [Is LeAnn Truly to Blame?](#) about Rimes' affair with Eddie Cibrian that ultimately lead to the end of both their marriages. Now, Cibrian is requesting privacy for himself and his family, telling [E! Online](#), "I can't change the past and I'm truly sorry that people got hurt long the way, but not everything reported in the media is reality and continuing to rehash things publicly only makes it more difficult for everyone to heal." He would like to focus on his two children from his former marriage.

What drives people to cheat?

Cupid's Advice:

The reasons behind cheating are different for everyone. See if the following ring true for you:

1. Feelings of inadequacy: Some people start feeling like they don't measure up next to their partner, whether it's in terms of salary, work position, or even within your shared inner social circle. Resentment may set in, which can be a factor in why people cheat.

2. Mixed emotions: Your relationship still has that spark, but are you still searching for something more? Figure out what's missing in your partnership that's causing you to focus your attention elsewhere.

3. Lack of self-love: Sometimes, it really is *you*, and not the other person. Take yourself out of the relationship to figure out what you want before you end up cheating.