

Singer Duffy's Lyrics Show a 'Hopeless Romantic'



Duffy's new album *Endlessly*, out Dec. 7, shows a new side of her: the hopeless romantic. The 26-year-old Grammy winner told [People](#) she was looking for love when she wrote the title track on her album. "I had a piece missing. I thought, 'Who am I going to have those special moments with?' I needed some arms around me." Duffy found what she was looking for in September 2009 when she began dating rugby player Michael Phillips. "The story is yet to be finalized," she says, "but it seems like a happy ending."

How can you tell if your romantic notions are realistic?

Cupid's Advice:

All of us tend to ignore reality sometimes and instead focus on the romantic, idealistic side of love. Here's how to tell

whether your ideas about love are realistic:

1. Life is no fantasy: If you're waiting to ride off into the sunset with Prince Charming, you'll be waiting a long time. Keep in mind that no relationship is a fairytale.

2. Look around: Do you know a perfect couple who never fights and does romantic things together all the time? If you can't find a real-life example, it probably doesn't exist.

3. Be open: Don't let your unrealistic expectations keep you from meeting people. Just because he doesn't meet all of your criteria doesn't mean he couldn't be the one.