

# NoGamesLove Video Dating Tips: When and How to End It



By [E!'s Famously Single Dating Coach, Laurel House](#)

Getting dumped is never easy, but sometimes, it's even harder when you have to break up with your significant other, when you love someone but know it won't work, or when you have to break your own heart. So how do you make that decision to finally get out of an unhappy relationship and find the love you deserve? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House offers her tips for knowing when and how to end things. One way to know: "You're lonelier with them than when you are alone."

# Dating Advice from E!'s *Famously Single* Laurel House on How to Break-Up

**Related Link:** [Heartbroken? Heal and Move On...Like I Did](#)

If you do everything you can to fix the issues in your relationship and still don't see a future, it's time to say goodbye. House warns that it will be heart-wrenching – “I've been there,” the dating expert candidly shares – but also assures you that you will find more happiness.

*For more information about our dating mentor, click [here](#).*

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**How did you know when it was time to end a bad relationship? Share your story in the comments below.**