

# Exclusive Celebrity Interview: 'Food Network' Host Claire Robinson Says, "Food Is the Key to Passion"



Interview by Priyanka Singh.

Chef Claire Robinson is perhaps best known for her Food Network show *5 Ingredient Fix*. But does she use only five ingredients when cooking at home? "I'm all about few ingredient cooking, which really focuses on the quality of the ingredient and the balance within each recipe," the reality TV host explains in our [exclusive celebrity interview](#). "I'm looking for power-packed punches of flavor!"

**Related Link:** [‘The Chew’ Host Carla Hall Talks Winter Dinner Date Ideas](#)

## **Reality TV Chef Claire Robinson Shares Recipe**

Plus, she reveals how the Flavor Forecast by McCormick helps her overcome “writer’s block” when she’s developing new recipes. Celebrating the Chilies Obsession of 2014, she teaches us how to make the Three-Chile Mole Fondue. She also encourages viewers to introduce fun and exciting recipes to their partners – and she’s got just the way to do it. “Try some of these new flavors!”

And, of course, we had to ask if food is truly the key to a man’s heart: “Food is the key to memories; food is the key to passion,” she candidly shares in our exclusive celebrity interview. “It’s the one language we all speak.”

*For more information on McCormick’s Flavor Forecast, visit <http://www.mccormick.com/Flavor-Forecast>.*

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